

# APPENDIX C

## Sparring Penalties at a Glance

DESCRIPTION	DETERMINED BY	POINT SPARRING PENALTY	CONTINUOUS SPARRING PENALTY
<b>PERFORMANCE AND COACHING</b>			
Player not ready to compete	Center Referee	Two (2) Minutes to be ready/ if not ready-disqualification	Two (2) Minutes to be ready/ if not ready-disqualification
Poor sportsmanship	Center Referee	Disqualification	Disqualification
Player's coach enters ring or team enters coaches' box or gathers within three feet of ring or uses foul language	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
Coaching at illegal times	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
Hitting after the call to stop	Center Referee or Judges-Majority vote	One (1) Penalty point to opponent or disqualification	
Hitting after the call to stop	Center Referee	-	Two (2) penalty points to opponent or disqualification
Equipment adjustment by coach or spectator	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
<b>OUT OF BOUNDS</b>			
Player fighting out of bounds	Center Referee	Restart	Restart
Player runs or steps out of bounds to avoid fighting	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
<b>NON SCORING AREA</b>			
Strikes to non-scoring area	Judges-Majority vote	One (1) Penalty point to opponent	-
Strikes to non-scoring area	Center Referee	-	One (1) Penalty point to opponent
Excessive contact to non-scoring area	Judges-Majority vote	Disqualification	-
Excessive contact to non-scoring area	Center Referee	-	Disqualification
<b>ILLEGAL TECHNIQUES</b>			
Use of illegal technique	Judges-Majority vote	One (1) Penalty point to opponent	-
Use of illegal technique	Center Referee	-	One (1) Penalty point to opponent
Malicious use of illegal technique	Judges-Majority vote	Disqualification	-
Malicious use of illegal technique	Center Referee	-	Disqualification
More than three (3) hand techniques in a row	Center Referee	-	Two (2) penalty points to opponent
Extension of glove	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
<b>ILLEGAL CONTACT</b>			
More contact than allowed/moderate contact to head or face	Judges-Majority vote	One (1) Penalty point to opponent	-
Light contact to face	Center Referee	-	Two (2) penalty points to opponent
Moderate contact to face or head	Center Referee	-	Three (3) penalty points to opponent
Any excessive contact or blood drawn	Judges-Majority vote	Disqualification	-
Any excessive contact or blood drawn	Center Referee	-	Disqualification
<b>LEAVING RING</b>			
Player leaving ring immediately before or after the judges call	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
<b>FLOOR FIGHTING</b>			
Falling to floor to avoid fighting	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
Kicking to head of downed opponent	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
Punches, strikes and kicks making contact to head of downed opponent	Center Referee	One (1) Penalty point to opponent	One (1) Penalty point to opponent
<b>INJURY</b>			
Injury to opponent that prohibits continuation of play by opponent	Center Referee or Rules Arbitrator	Disqualification	Disqualification
Self inflicted injury	Center Referee or Rules Arbitrator	Becomes loser of match	Becomes loser of match
Faulty or lack of safety equipment causing injury	Center Referee or Rules Arbitrator	Disqualification	Disqualification
Player injures an opponent's pre-existing injury	Rules Arbitrator	No penalty	No penalty