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Players' Rules & Officials' Duties

These rules have been compiled with input from many knowledgeable and reputable sport karate participants and copyrighted by Sport Karate International Tournament Alliance (SKITA). It is our hope, that with the circulation of the SKITA handbook, that more and more tournament promoters and circuits will incorporate these rules [with the choice of seven (7) options] into their tournaments for the eventual reality of a sport unified under one set of rules.

These rules may have additional clarifications or needed changes or have options added to accommodate any circuit wishing to adopt these rules to meet their own needs. Each new issue of the SKITA handbook should be checked for any updates. ALL updates are underlined. Major yearly changes and/or deletions will be made and printed once a year. These are the official rules for the **NATIONAL BLACKBELT LEAGUE (NBL)** and the suggested (promoter's option) rules for all **Sport Karate International (SKIL)** sanctioned tournaments.

All NBL tournaments must use these rules and they must take precedence over the rules of any other league, circuit, rating system, etc. unless an exception has been granted and publicized by the NBL prior to the tournament. Rules that apply only to NBL tournaments are marked **NBL ONLY**. Rules that apply to SKIL members are marked **SKIL ONLY**. **SG ONLY** preceding any rule means that the rule applies only to the NBL Super Grands World Games. **AM ONLY** preceding any rule means that the rule applies only to the SKIL Amateur Internationals.

These rules contain seven (7) options listed 01 through 07 which karate circuits can choose to closely meet the general rules already used in their area. The NBL Super Grands and all NBL National Conference Tournaments use option "a" each year with the exception that in the Super Grands 04-1 "a" or "b" (groin point) alternates each year. National Conference tournaments may use either option "a" or "b" for 04-1. NBL promoters must choose the seven (7) options they want to be used at their tournament by circling the options on the "Rules at a Glance" page (at the end of this Handbook) and printing it in their main tournament application brochure. If an NBL promoter neglects to print the "Rules at a Glance" page and any option in their tournament brochure then option "a" will become effective at their tournament for all divisions with the exception that groin point will be the same option as the Super Grands will be having that particular year.

The following local, regional and national karate circuits have joined forces and exclusively adopted SKITA rules for their tournaments. The number and letters after the circuit name are the options in the rules that the circuit has officially adopted. If any given tournament in one of these circuits is also an NBL event, the NBL option that the event chooses (or must use) supersedes the circuit's option.

KARATE CIRCUITS USING SKITA RULES

NBL - (National Blackbelt League) - Super Grands World Games/all NBL National Conferences/Cowboy Conference

Options: 01-6a, 02-2a, 03-6a, 04-1a (even years of competition) or 04-1b (odd years of competition) (optional for national conference tournaments), 05-2a, 06-2a and 07-5a.

NBL - (National Blackbelt League) - All other conference tournaments.

Options: The promoters choose their own and are required to print them in their brochure.

AKA - (American Karate Association) - **John Sharkey (630) 369-8055**

Options: 01-6a, 02-2b, 03-6b, 04-1a, 05-2b, 06-2b, 07-5c.

ASKL - (African Sport Karate League)- **Amen Rahh 011 (254)-2-228977**

Options: 01-6a, 02-2b, 03-6b, 04-1a, 05-2b, 06-2b, 07-5c.

CIL - (Circuito Internacional Latino) - **Juan Andrade 011 (525) 583-6466 / Jose Luis Monroy 011 (525) 556-6854**

Opciones: 01-6b, 02-2b, 03-6b, 04-1a, 05-2b, 06-2a y 07-5b.

DOJO - (Organization of Independent Karate Schools Circuit) - **Gary Dillingham (919) 834-0118**

Options: 01-6b, 02-2b, 03-6b, 04-1a, 05-2a, 06-2c, and 07-5c

EKL - (Excel Karate League) - **Carlos Ferrer (801) 294-0276**

Options: 01-6a, 02-2a, 03-6a, 04-1a (even years of competition or 04-1b (odd years of competition), 05-2a, 06-2c, 07-5c

FICNAM - (Federación Internacional de Cintas Negras en Artes Marciales) - **Pablo Rodriguez 011 (525) 562-5042**

Opciones: 01-6a, 02-2a, 03-6b, 04-1a, 05-2a, 06-2a, 07-5c.

IMAC - (International Martial Arts Council) - **Richard Plowden (313) 538-8594**

Options: 01-6b, 02-2b, 03-6b, 04-1a, 05-2b, 06-2c, 07-5c.

LKL - (Louisiana Karate League) - **Danaree Benoit (504) 547-7109**

Options: 06-1a, 02-2a, 03-6a, 04-1a, 05-2b, 06-2a, 07-5a.

NWMAA - (Northwest Martial Arts Association) - **Jesse Palmer (253) 846-9291**

Options: 01-6a, 02-2a, 03-6b, 04-1a, 05-2a, 06-2c, 07-5c.

PKC-NY - (Professional Karate Commission of New York) - **Billy Pine (607) 729-4826**

Options: 01-6a, 02-2a, 03-6b, 04-1a, 05-2b, 06-2a and 07-5c

PKC-ON - (Professional Karate Commission of Ontario) - **Bill Pickells (905) 457-9982**

Options: 01-6a, 02-2a, 03-6b, 04-1a, 05-2b, 06-2b, 07-5c

PNRA - (Pacific Northwest Referees Association) - **Jon Funk (604) 421-3637**

Options: 01-6a, 02-2b, 03-6b, 04-1a, 05-2b, 06-2b and 07-5c.

SCSKA - (South Carolina Karate Association) - **Rick Lee (864) 576-8273**

Options: 01-6b, 02-2b, 03-6b, 04-1a, 05-2a, 06-2c, 07-5c.

SMU - (Sport Maestro Universal International Ratings) - **Jose Riobueno 011 (5814) 936-3816**

Opciones 01-6b, 02-2b, 03-6b, 04-1a, 05-2a, 06-2c, 07-5b.

TNT - (Texas National Tour) - **Tony Lopez (210) 681-5566**

Options: 01-6a, 02-2a, 03-6a, 04-1a (even years of competition) or 04-1b (odd years of competition), 05-2a, 06-2a and 07-5a.

UMPIRE - (United Martial Artist Professionals for Integrity, Responsibility and Ethics) - **Garland Johnson (719) 598-6046**

Options: 01-6a, 02-2a, 03-6a, 04-1b, 05-2a, 06-2a and 07-5a.

CIRCUIT AUTHORIZATION

I _____ / _____ acting as authorized
(name) (information phone)

representative for the _____
(name of the sport karate circuit)

agree that our sport karate circuit will use Sport Karate International Tournament Alliance (SKITA) rules as the official rules of our circuit. I do hereby grant permission to Sport Karate International to reproduce our logo and list our circuit's name, contact person, phone number and rules options in the SKITA Handbook on a permanent basis until notified otherwise in writing. I agree to send a clear copy of our circuit logo to SKITA.

(√) OPTIONS TO LIST:

01-6a ___ b ___, 02-2a ___ b ___, 03-6a ___ b ___, 04-1a ___ b ___, 05-2a ___ b ___ c ___, 06-2a ___ b ___ c ___, 07-5a ___ b ___ c ___

Signed this _____ day of _____ 19_____.

Authorized Representative

Witness

SEND TO: SKITA, 341 EAST FAIRMOUNT AVENUE, LAKEWOOD, NY 14750 (Don't forget to send circuit logo)

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NOTE: After looking up in alphabetical order - please refer to the Roman numeral, letter and number under the event in question in that section of the rulebook (FORMS / WEAPONS / SELF DEFENSE / BREAKING / POINT SPARRING / TEAM SPARRING or CONTINUOUS SPARRING).

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